

Bloodborne Pathogens Refresher Information

In accordance with OSHA requirements, all staff must be in-serviced yearly on Bloodborne Pathogens Guidelines. We have highlighted pertinent information for you to read and refer to as needed. After you have read the material please fill out the training record and return it to the school nurse or building Principal. If you have any questions regarding this material, please talk to the school nurse in your building.

Occupational exposure to bloodborne pathogens such as Hepatitis B, Hepatitis C and HIV (Human Immunodeficiency Virus) can occur by exposure to blood contaminated by these viruses. Your risk of contracting one of these viruses at school is low because your contact with blood is infrequent. However, if the need arises you must be prepared to deal with blood safely.

Exposure to bloodborne viruses can occur at work if:

1. Blood or other potentially infectious materials contact your broken skin or the mucous membranes of your eyes, nose or mouth.
2. A contaminated sharp object punctures your skin. You cannot become infected with these viruses through casual contact, coughing, sneezing, a kiss on the cheek, a hug, or from drinking fountains or food.

To protect yourself from exposure the CDC has developed Universal Precautions to prevent the transmission of bloodborne pathogens when providing first aid or healthcare. It means treating all blood and other potentially infectious materials as though infected with bloodborne pathogens. These principles protect you from bloodborne and other pathogens when you must handle body substances. Below are some precautions you must take:

1. Always use barrier protection, such as gloves, when you anticipate touching blood, body fluids or contaminated surfaces. Use single-use disposable gloves when administering first aid. Cover any hand cuts you may have before gloving. Gloves must fit snugly and extend over the wrist. Use once, then throw away.
2. Avoid touching the outside of contaminated gloves when removing them. Then wash your hands, whether or not you touched the outside of the glove.
3. Discard used gloves or any other contaminated material in an appropriate container.
4. Wash your hands and other skin surfaces immediately after contact with blood or other body fluids. Hand washing is your main protection against contracting an infection or transmitting it to others.
5. Pick up broken glass and other sharp objects with a broom and dustpan or tongs, not your hands. Dispose of the debris in an appropriate puncture resistant sharps container. Trash may contain sharp objects, so don't reach into or push trash down with hands or feet. A sharps container is located in every building.
6. Always use barrier protection if you have to resuscitate a victim (CPR).
7. The Hepatitis B vaccine prevents Hepatitis B infection. See your school nurse if you have any questions regarding the vaccine.

If you are exposed to blood or other potentially infectious materials, immediately wash affected skin with soap and warm water. Flush eyes and exposed mucous membranes with large amounts of water. Then immediately report the exposure to the building principal and school nurse. An Exposure Control Plan is available in every school office.

**ADMINISTRATIVE GUIDELINES
NILES CITY SCHOOL DISTRICT
TRAINING RECORD**

DATE: _____ TIME: _____ LOCATION: _____

INSTRUCTOR: _____

INSTRUCTOR QUALIFICATIONS: _____

This is to confirm that at the date, time, and location indicated above, I was adequately informed about each of the following matters pertaining to bloodborne pathogens and other potentially infectious materials.

- _____ Information regarding access to the OSHA regulations
- _____ Epidemiology and symptoms of bloodborne diseases
- _____ Modes of transmission of bloodborne pathogens
- _____ The District's exposure control plan, a copy of which I do have access
- _____ Types of situations in which I could be exposed through the performance of assigned duties
- _____ Procedures and equipment that are to be used to reduce or eliminate the risk of exposure
- _____ Safety, administration, and benefits of the Hepatitis B vaccine
- _____ Procedures to be followed by me and by the District should I be exposed to a bloodborne pathogen or other potentially-infectious material
- _____ Post-exposure procedures for evaluation and follow-up

The instructor provided an opportunity to ask questions and adequately answered all questions.

Staff Member Signature

Date

Staff Member Name (PLEASE PRINT)

Building