

Niles High School and Middle School Lunch Menu April 2017



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The Grille

**Cheeseburger on a Bun
Breaded Chicken Sandwich**

The Garden

**Chef Salad
Breaded Chicken Salad
Garden Salad**

The Pizzeria

**Homemade
Pepperoni Pizza
Cheese Pizza
Buffalo Chicken**

Grab & Go

A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!

New snack options are being added weekly!

Variety of Snapple is now available for \$1.25!

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pulled Pork on a Bun w/Coleslaw Oven Baked Fries Chilled Peaches Choice of Milk	4 <i>National Vitamin C Day!</i> Walking Taco w/ Mexican Rice Black Bean Salsa Mandarin Oranges Choice of Milk	5 Grilled Cheese and Tomato Soup Side Garden Salad Chilled Pears Choice of Milk	6 General Tso's Chicken Over Steamed Rice Glazed Carrots Chilled Pineapple Tidbits Choice of Milk <i>Free Fortune Cookie</i>	7 <i>National Coffee Cake Day!</i> Homemade Assorted Pizza Seasoned Green Beans Applesauce Choice of Milk
10 <i>National Farm Animals Day!</i> Western Cheeseburger Baked Beans Mandarin Oranges Choice of Milk	11 <i>Holiday Meal!</i> Pineapple Glazed Ham w/Dinner Rolls Herbed Scallop Potatoes Seasoned Carrots Chilled Mixed Fruit Choice of Milk	12 Popcorn Chicken Bowl w/ 1oz. Biscuit Seasoned Corn Chilled Peaches Choice of Milk	13 Chicken Parmesan Sandwich Side Garden Salad Chilled Pears Choice of Milk	14 No School! Spring Break
17 No School! Spring Break	18 No School! Spring Break	19 No School! Spring Break	20 No School! Spring Break	21 No School! Spring Break
24 French Toast with Sausage links Baked Hashbrowns Mandarin Oranges Choice of Milk	25 Fiestada Pizza w/ Mexican Rice Black Bean Corn Salsa Pineapple Tidbits Choice of Milk	26 BBQ Rib Sandwich Baked Beans Glazed Carrots Cinnamon Applesauce Choice of Milk	27 Vegetable Lasagna Steamed Broccoli Chilled Pears Choice of Milk	28 Homemade Assorted Pizza Seasoned Green Beans Chilled Peaches Choice of Milk
Assorted Flatbreads available in the Café every Tuesday!	Prom? Ask that special someone to the Prom by purchasing a special treat in the café to make it memorable!	Warm cheese filled pretzels and sweet Smores now available for \$1.25	Lunch Prices Paid \$2.85 Reduced \$.40	Whole Grains available daily

The Deli

**Spicy Italian Hoagie
Roasted Turkey and Cheese
Ham & Cheese**

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program

**Good Luck
Niles Red Dragons!**



This institution is an equal opportunity provider

MENUS SUBJECT TO CHANGE